

Weekly Cleaning Schedule

A simple daily routine to keep your home clean and organised

Monday	Bathrooms	• Scrub toilet • Clean mirrors • Wipe counters • Empty trash • Change towels	25 min	☐
Tuesday	Dusting & Surfaces	• Dust furniture & shelves • Wipe electronics • Clean light switches	15 min	☐
Wednesday	Floors	• Vacuum all carpets • Mop hard floors	25–30 min	☐
Thursday	Kitchen Deep Clean	• Clean appliances • Wipe microwave inside/out • Scrub sink • Fridge check	20 min	☐
Friday	Catch-Up & Laundry	• Fold & put away laundry • Spot clean surfaces • Declutter hot spots	20 min	☐
Saturday	Family Blitz	• Quick whole-house tidy • Shared family tasks • Wipe common areas	30 min	☐
Sunday	Rest Day	• Light kitchen reset only	5–10 min	☐

Tip: Tick each box daily to stay consistent. Adjust tasks as needed for your home.